

KY-Moms: Maternal Assistance Towards Recovery (MATR) services:

- ❖ For Pregnant and Postpartum Women who are at risk for and diagnosed with Substance Use Disorders
- ❖ Located in 13 of KY's Community Mental Health Centers
- ❖ Additional Substance Use services are offered by each region, contact CMHC for more information.

Department of Behavioral Health, Developmental and Intellectual Disabilities contact:
 Katie Stratton: (502) 782-6192
 Katie.stratton@ky.gov



Additional Substance Use Services for Pregnant and Postpartum Women

	Women's Renaissance Center Longterm family residential treatment Shelbyville 502-437-5066
	Project LINK Outpatient treatment & Case Management Louisville 502-538-3951
	Freedom House Longterm Family Residential Treatment Louisville 502-634-0082
	WRAP House (Transitions) Longterm Family Residential Treatment Covington 859-491-2090
	Chrysalis House Longterm Family Residential Treatment Lexington 859-255-0500
	PRIDE Program (Bluegrass.org) Outpatient Treatment & Case Management Lexington 800-928-8000
	Independence House (Cumberland River) Longterm Family Residential Treatment Corbin 606-523-9386
	OASIS Longterm Family Residential Treatment Owensboro 800-882-2873
	Serenity House Longterm Family Residential Treatment Inez 606-298-4872

KY-Moms MATR and Substance Use Program by CMHC Region

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| <p>1- Four Rivers Behavioral Health
(Paducah & surrounding counties)
Ellen Walsh (270) 442-8039 x 703</p> <p>2- Pennyroyal Center
(Hopkinsville & surrounding counties)
Paula Brown (270) 886-0486 x 194</p> <p>3- River Valley Behavioral Health
(Owensboro & surrounding counties)
Nikki Slobig (270) 852-5520</p> <p>4- Lifeskills
(Bowling Green & surrounding counties)
Karen Garrity (270) 901-5000 x 1066</p> <p>5- Communicare
(Elizabethtown & surrounding area)
Tara Smith (270) 734-2850</p> <p>6- Centerstone
(Louisville & surrounding counties)
Mendy Mason (502) 341-5400</p> <p>7- NorthKey Community Care
(Northern KY area)
Heidi Bowman (859) 283-0952 x 4251</p> | <p>8- Comprehend
(Maysville & surrounding counties)
Lauren Penrose (606) 759-7799</p> <p>9/10- Pathways
(Ashland & surrounding counties)
Kerry Wheeler (606) 324-1141 x 4532</p> <p>11- Mountain Comprehensive Care
(Pikeville & surrounding counties)
MaShawna Jacobs (606) 889-0328</p> <p>12- KY River Comprehensive Care
(Hazard & surrounding counties)
Judy Cattoi (606) 436-4124</p> <p>13- Cumberland River Behavioral Health, Inc
(Corbin & surrounding counties)
Jill Owens (606) 337-2070</p> <p>14- The Adanta Group
(Somerset & surrounding counties)
Sherri Estes (606) 679-9425</p> |
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